

24 Hour Hotlines

National Suicide Hotline	988
Crisis Line (spanish)	800-621-5322
Utah 24/7 Sexual Assault Helpline	801-736-4356 801-924-0860 (espanol)
Utah County Sexual Assault Hotline	801-356-2511
Utah County Rape Center	801-227-5038
National Domestic Violence	800-799-7233
Utah Domestic Violence	800-897-5465
Utah County Crisis Hotline	801-691-5433
Crisis Text Line	Text START to 741-741
Wasatch Mental Health Crisis Line	801-373-7393
Hope 4 Utah - Suicide Prevention	801-342-3444

Courts

<u>Orem Justice Court</u>	801-724-3900	97 E Center St Orem UT 84057	M-F 8am – 5pm
<u>4th District Juvenile Court - Provo</u>	801-354-7200	137 N Freedom Blvd, Suite 150 Provo UT 84601	M-F 8am – 5pm
<u>Provo 4th District Court</u>	801-429-1000	137 N Freedom Blvd, Provo UT 84601	M-F 8am – 5pm
<u>Spanish Fork District Court</u>	801-804-4800	775 W Center St, Spanish Fork UT 84660	M-F 8am – 5pm

Financial Assistance

<u>Utah Office for Victims of Crime</u> (Financial compensation for victims)	katiefox@utah.gov crimevictims@utah.gov	350 E. 500 S. Suite 200 Salt Lake City, Utah 84111	<u>Online Application (English)</u> <u>Spanish</u>
<u>United Way</u> (Rental Assistance, transportation, etc)	Dial 211 801-374-2588	148 N 100 W Provo, Utah 84601	M-F 8:30am - 5pm

Housing Resources

<u>Provo Housing Authority</u>	801-900-5676 jolyer@provohousing.org	688 W 100 N Provo UT 84601	M-Th 7am – 6pm
<u>Utah County Housing</u>	801-373-8333	485 N Freedom Blvd Provo UT 84601	M-Th 9am – 4pm
<u>Boys and Girls Club</u>	385-483-1920 <u>Pre-Screening Form</u> housing@bgcutah.org	746 E 1910 S, Suite 4 Provo Utah 84606	M-Th 7am – 4pm
<u>Food & Care Coalition</u>	801-373-1825	299 E 900 S Provo UT 84606	M-F 8:30am – 5:30pm
<u>Community Action Emergency Shelter</u> <u>Rental Assistance</u>	In-person to apply 801-373-8200	815 S Freedom Blvd Ste 100 Provo UT 84601	M-F 9am – 3pm Wednesday 9am – 7pm
LDS Transient Bishop	801-818-6156	1414 N State St Provo UT 84606	Call for additional Information
<u>The Refuge</u>	801-227-5038	1433 E 840 N Orem UT 84097	M-F 9am - 5pm

Legal Assistance

<u>Utah Legal Services</u>	801-374-6766	455 N University Ave Ste 100 Provo UT 84601	M-Th 9am - 3pm
<u>Timpanogos Legal Center</u>	801-649-8895 TLCinfo@TimpLegal.org	N/A	M-F 9am - 2pm
Family Justice Center	801-851-8508 amberlyb@utahcounty.gov	151 South University Ave Provo, Utah 84601	Every Tuesday 5pm - 8pm
<u>BYU Community Legal Clinic</u>	communitylegalclinic@law.byu.edu	Wilkinson Center #2400 1060 E Campus Dr Provo UT 84604	Thursdays 5pm - 7pm
<u>Utah Crime Victims Legal Clinic</u>	801-746-1204	404 E 4500 S Suite B24 Murray UT 84107	M-F 8:30am - 5pm

Counseling | Therapy | Support Groups

<u>Children's Justice Center</u> (Therapy for minors)	801-851-8554	315 S 100 E Provo UT 84606	M-F 8am - 5pm
<u>Wasatch Behavioral Health</u> (Provo Family Clinic)	801-377-1213	1165 E 300 N Provo UT 84606	M-F 8am - 6pm
<u>Holy Cross Ministries DV Support Groups</u>	385-257-2441 Telehealth / in person	860 E 4500 S Suite 204, SLC, Utah	M-F 9am - 5pm
<u>Family Haven</u>	801-229-1181	1255 N 1200 W Orem UT 84057	M-Th 8am - 6pm Fridays 8am - 5:30pm
<u>Tangible Therapy</u>	435-610-7955 frontdesk@tangiblementalhealth.com	246 N Orem Blvd Orem UT 84057	M-F 9am - 5:30pm
<u>Cascade Counseling</u>	385-412-9880 contact@cascadecounselingutah.com	520 E 770 N Orem UT 84097	M-F 9am - 5:30pm
<u>Willow Therapy</u>	801-410-0542	568 E 1400 S	M-Sat

<u>Services</u>	info@willowtherapyutah.com	Orem UT 84097	8am - 8pm
<u>Meadowbrook Counseling</u>	801-655-5450	1447 N 1200 W Orem UT 84057	M-F 8am - 6pm
<u>The Sharing Place (Grief Counseling)</u>	385-301-4156	487 E 1000 S Pleasant Grove UT 84062	Hours vary based on group
<u>UVU Community Mental Health Clinic</u>	801-863-4780 communityclinic@uvu.edu	Browning Admin Building Suite 5 800 W University Pkwy Orem UT 84058	M: 10am - 8pm Tues - Thurs 8am - 8pm F: 8am - 4pm
<u>BYU Comprehensive Clinic</u>	801-422-7759	1190 N 900 E 237 TLRB Provo UT 84604	Contact for office hours
<u>The Refuge (Domestic Violence & Sexual Assault Support Groups)</u>	801-227-5038	1433 E 840 N Orem UT 84097	M-F 9am - 5pm

Sexual Assault

<u>Saprea (Healing & Support Groups)</u>	801-901-2474	4101 N Thanksgiving Way Lehi UT 84043	M-F 9am – 5pm
<u>The Refuge (Support Groups)</u>	801-831-4382	1433 E 840 N Orem UT 84097	Support Groups Wednesdays @ 7pm
<u>UCASA</u>	801-746-0404 info@ucasa.org	Community Resource Guide and Sexual Assault Information	M-F 9am – 5pm
<u>Sexual Assault Kit Tracking (SAKI)</u>	801-893-1145	801-965-4461 (victim advocate)	M-Th 8am – 5pm
<u>Children’s Justice Center (Therapy & Support Groups)</u>	801-851-8554 cjc@utahcounty.gov	315 S 100 E Provo UT 84606	M-F 8am – 5pm
<u>Rape Recovery Center (Services & Information Resources)</u>	801-467-7282	2035 South 1300 East SLC UT 84105	M-F 9am – 5pm

Child Services

<u>Department of Child and Family Services</u>	801-224-7820 Neglect Hotline: 1-855-323-3237	97 E Center St Orem UT 84057	<u>Child Abuse Reporting Form</u>
<u>ACAES Family Academy</u> (Supervised Visitations)	801-377-5050	811 N University Ave Provo UT 84604	M-F 10am – 9 pm
<u>Help Me Grow Utah</u> (Pregnancy, early childhood, and parent resources)	801-691-5322	148 100 W Provo UT 84601	M-F 8:30am – 6pm
<u>Division of Juvenile Justice and Youth Services</u> (Short & Long term rehabilitation services)	801-491-0103	1991 S State Street Provo Utah 84606	<u>Referral Link:</u>
<u>Children’s Justice Center</u>	801-851-8554	315 S 100 E Provo UT 84606	M-F 8am – 5pm

UVISAs | Immigration

<u>Elevate Utah</u>	801-655-0258	650 W 100 N Provo UT 84606	M-F 9am – 5pm
<u>Holy Cross Ministries</u>	801-261-3440	860 E 4500 S Suite 204 SLC UT 84107	M-F 9am – 5pm
<u>BYU Community Legal Clinic</u>	communitylegalclinic@ law.byu.edu	Wilkinson Center #2400 1060 E Campus Dr Provo UT 84604	Thursdays 5pm - 7pm

Food Banks

<u>Community Action</u>	801-373-8200	815 S Freedom Blvd Ste 100 Provo UT 84601	M & F: 8am – 5pm Wed: 12pm-7pm
<u>Tabitha's Way</u>	801-692-1881	675 W. Garden Dr #100 Pleasant Grove, UT 84062	Tues - Thur 11am – 2pm Wed Evenings 5pm – 8pm 1st & 3rd Sat 9am – 1pm
<u>Food and Care Coalition</u>	801-373-1825	299 E 900 S Provo UT	Meal times: 8:30am – 9:30am 12pm – 1pm 4:30pm – 5:30pm

Healthcare

<u>Bingham Family Clinic</u>	801-854-5168	987 South Geneva Road Suite 141 Orem, UT 84058	M-F 10am – 6pm
<u>Mountainlands Community Health Center</u>	801-429-2000	589 S State St Provo UT 84606	M-Th: 8am – 7pm Fri: 8am – 5pm Sat: 8am – 1:30pm
<u>Take Care Utah</u>	801-905-8908	<u>Virtual Appointments</u>	Medicaid & CHIP Enrollment Assistance
<u>Half Price Dental</u>	801-426-0774	1176 S 1480 W Orem UT 84058	M-Th 8am – 5pm
<u>UVU Dental Hygiene Clinic</u>	801-863-7608	2889 Ashton Blvd Room 201 Lehi UT	Hours Vary Based on Semester