

Rape & Sexual Assault

Definitions

- **Sexual Assault:** any unwanted sexual act committed against a person's will.
- **Rape:** sexual intercourse with another individual without the individual's consent.

Common Reactions

- Feeling numb, dazed, shock, or disbelief.
- Inability to cry.
- Feelings of guilt or shame; feeling as if you did not do enough.
- Feeling powerless, betrayed, or fearful.
- Having flashbacks or nightmares.
- Feelings of anger at oneself, at the assailant, or at friends and family for not understanding.

Questions? Contact:

For All Emergencies, Dial 911

Orem Victim Advocates

(801) 229-7126

(801) 229-7127

(801) 229-7128

95 E Center St

Orem UT 84057

victimsadvocates@orem.gov

Orem Police Department

(801) 229-7070

95 E Center St

Orem UT 84057

24 HOUR HOTLINES

- National Suicide Hotline ... 988
- Crisis Line (Sp)800-621-5322
- Rape Crisis Center801-356-2511
- UT Domestic Violence800-897-5456
- Crisis Txt LineTxt START to 741-741



Orem Victim Assistance Program

Rape & Sexual Assault Resource Guide

Sexual Assault Resources

The Refuge

1433 E 840 N
Orem, UT 84097
(801) 356-2511
therefugeutah.org

SAPREA

4101 N Thanksgiving Way
Lehi, UT 84043
(801) 901-2474
saprea.org

Rape Recovery

2035 S 1300 E
Salt Lake City, UT 84105
(801) 467-7282
raperecoverycenter.org

UCASA

275 E S Temple St #200
Salt Lake City, UT 84111
English: (801) 746-0404
Spanish: (801) 924-0860
ucasa.org

Benefits of Receiving a Medical Exam

- Victims of rape and sexual assault are encouraged to go to the hospital to receive a medical exam.
- A SANE (Sexual Assault Nurse Examiner) exam will be performed by nurses with specialty training. This exam offers medical care and evidence collection at no cost to the victim.
- Sexual assault can impact your physical health. Victims may access treatment for any injuries, receive preventative treatment for STIs, and obtain emergency contraception.
- By having a sexual assault kit collected, victims have more time to decide whether or not they want to report the crime. Having the evidence collected ensures it will be accessible if the victim decides to report the crime at a later time.
- **Victims have the option to keep their information private, and do not have to go through with an investigation unless they wish to.**

Protective Orders

A Protective Order is an order issued by the court designed to give victims of domestic violence or sexual assault protection. ***A protective order may:***

- prevent the abuser from contacting or communicating with victim
- stop the abuser from threatening violence
- make the abuser stay away from the victim's home, work, school, or place of worship
- not allow the abuser to have guns or weapons

If your case is being prosecuted in justice/district court, the judge can issue a ***Criminal Protective Order***. A criminal protective order is valid the length of the criminal case.

If your case is not being prosecuted in justice/district court, you can petition to have a ***Civil Protective Order***. There is no fee to request a civil protective order. To file online go to utcourts.gov

Contact a Victim Advocate for additional information and assistance